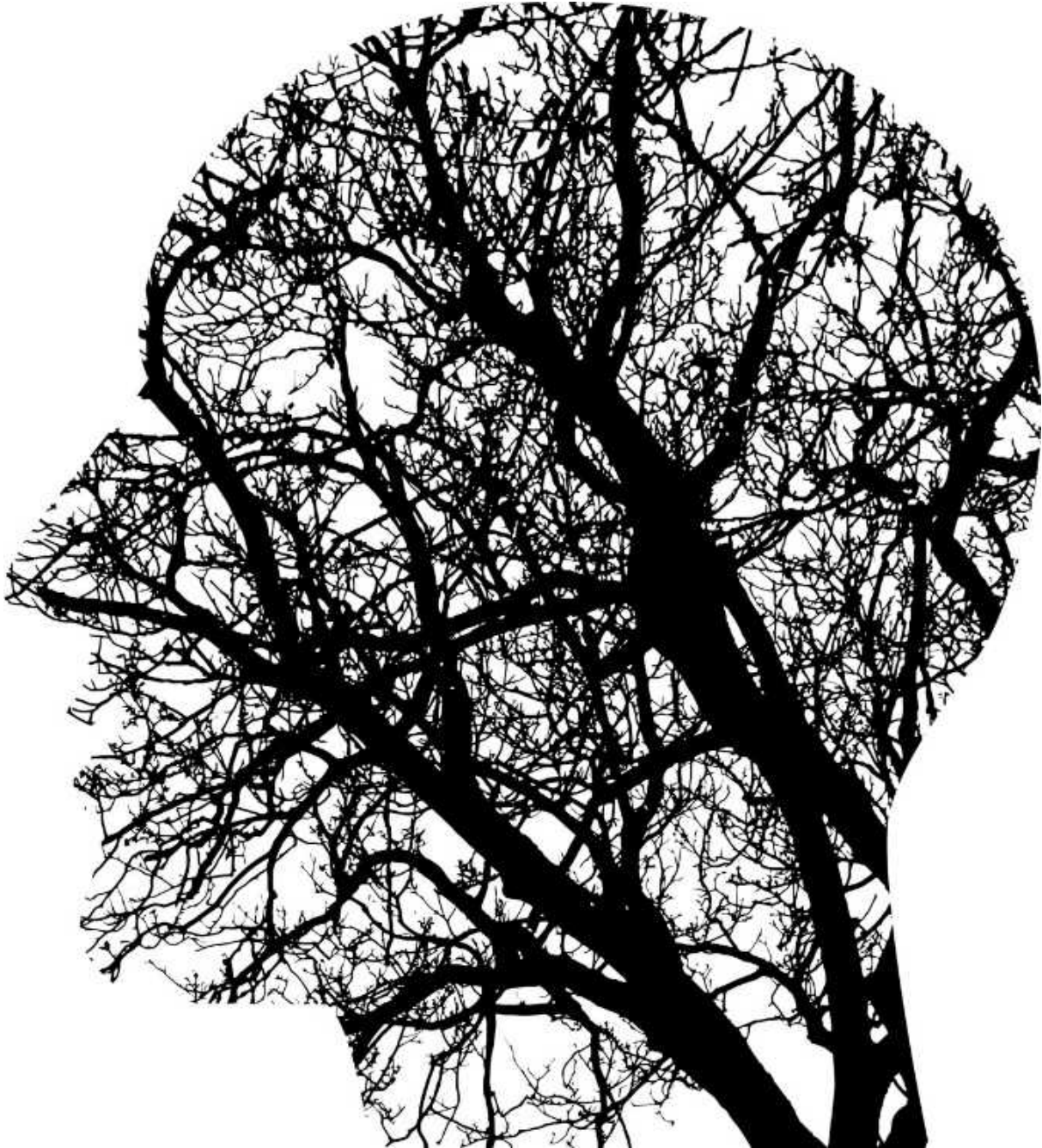


Chapter 1: What s Dark Psychology?



In recent years psychology has tried to uplift the human spirit with lots of popular psychology terms such as, "Positive Psychology" or the numerous books released to tell the masses how to behave to lead a fulfilled successful life from talking about parachutes, ten steps to something, the

mired of "how to" titles and much more. Most are nothing but misguided pop psych or a fad of the moment. Can life be as easy as reading the right book and following some basic concepts and everything is going to be OK for you and me? This paper is different, we shall explore the "Dark" side of the human mind - that part that sees disengagement, destruction, vile acts as part of the everyday human psyche that emerges in us all from time to time - that part that finds excitement, glee and pleasure in the dysfunctional part of our existence. How can society reconcile with its dark side? I use the word insane to refer to those in society who oppose the social norm.

Dark Psychology is both the study of criminal & deviant behavior and a conceptual framework for deciphering the potential for evil within all human beings. Dark Psychology is the study of the human condition as it relates to the psychological nature of people to prey upon other people motivated by criminal and/or deviant drives that lack purpose and general assumptions of instinctual drives and social sciences theory. All of humanity has this potential to victimize other humans and living creatures. While many restrain or sublimate this tendency, some act upon these impulses. Dark Psychology seeks to understand those thoughts, feelings, perceptions and subjective processing systems that lead to predatory behavior that is antithetical to contemporary understandings of human behavior. Dark Psychology assumes that criminal, deviant and abusive behaviors are purposive and have some rational, goal-oriented motivation 99% of the time. It is the remaining 1%, Dark Psychology parts from Adlerian theory and the Teleological Approach. Dark Psychology postulates there is a region within the human psyche that enables some people to commit atrocious acts without purpose. In this theory, it has been coined the Dark Singularity.